# **Quintin B Storey**

325 Macon Road, Tallahassee, FL 32312 ■ (850) 631-1433 | (850) 297-1199 storey.guintin@gmail.com ■ UplinkNetwork.org/Quintin ←Online CV→



## **Prep Cook**

Seeking a rewarding position in the retail food sector, that utilizes my current skill set and offers opportunities to learn new skills as I support the kitchen team and benefit the company.

#### Key Skills:

- Food Safety and Handling
- Kitchen Equipment Care/ Sanitation
- Meat Preparation and Serving
- Kitchen Supplies and Food Inventory

- Grill Work and Deep Frying
- Basic Nutrition Science
- Soups, Salads and Sauces
- Spanish Language Fluency (Conversational)

## **Professional Experience**

REFIRE CULINARY — 2729 W Pensacola St, Tallahassee, FL 32304

Food Service Trainee (Paid Intern), March 2018 to Present

ServSafe® certified Prep Cook for the REfire Culinary program. REfire Culinary is a community-focused catering company providing full-service cooking and food preparation for HOPE Community, a residential program housing over 200 clients. The kitchen crew serves three meals a day plus snacks to HOPE residents, to the staff of the Big Bend Homeless Coalition and caters special events for the larger community.

- Prepare and Serve Meals for HOPE Community Residents
- Maintain Kitchen According to Health Code and Industry Standards
- Maintain Logs of Food Used through Inventory and Tracking System

BURGER KING — 8590 Navarre Pkwy, Navarre, FL

Kitchen Staff, January 1999 to March 1999

Food preparation and kitchen maintenance for the Burger King national restaurant franchise.

- Cooking and Cold Food Preparation
- Operating Large Volume, Single-Purpose Kitchen Equipment
- Responsible for Kitchen Clean Up and Maintenance

References Available upon Request

### **Education and Certification**

Culinary Arts Training ■ REFIRE CULINARY - Tallahassee, FL | Graduated May 2018

Vocational School Training (Masonry) ■ STATE OF FLORIDA - Arcadia, FL | Graduated October 2017

High School Diploma ■ SEBRING HIGH SCHOOL - Sebring, FL | Graduated June 1997

ServSafe Certification ■ NATIONAL RESTAURANT ASSOCIATION (NRA) Certified April 2018

Block Mason, Level 2 Certification ■ NATIONAL CENTER FOR CONSTRUCTION EDUCATION & RESEARCH (NCCR) Certified October 2017 (Also OSHA Safety Certified)



